



This document is not exhaustive. Please adopt the spirit of the guide and apply it to club activities.

1. Only choose a walk route you are comfortable to lead and ensure you are appropriately equipped (e.g. map, compass, etc.).
2. Get the latest weather forecast.
3. Depending on the nature of the walk consider escape routes.
4. Have the route planned in advance (e.g. by reconnoitre, previous experience, consulting with other leaders, guide books, maps etc).
5. Communicate to the group: the planned route, duration, level of difficulty, obstacles (e.g. gully's, streams, rock / boulder fields, very steep ground, and degree of exposure).
6. Take account of the fitness and capability of the members in the group.
7. Be prepared to alter the route based on weather conditions and the group.
8. Appropriate walk group size will depend on the level of difficulty of the walk, the route, whether technical or non-technical elements, nature of terrain, and weather conditions.
9. Consider appointing a sweeper or back-marker to stay at the back of the group in poor visibility or if the group is large (e.g. greater than 15).
10. Give consideration to splitting the group if it is large (e.g. greater than 15). Another member can take the role as a second leader with an assigned set of people.
11. Carry out headcount prior to walk, at breaks during the walk, and at the end of the walk. In poor visibility more frequent head counts may be appropriate.
12. Ensure participants complete the sign in sheet prior to the walk and bring it with you during the walk. If anybody leaves the group during the walk they must sign out. All should sign out at end of walk.
13. Show good example to the group with regard to safety, conservation and enjoyment of group activity.
14. Encourage group members to develop their mountain skills.
15. It would be useful to have some training in first aid and carry a small first aid kit.
16. The walk's program organiser will ensure new leaders on their inaugural walk will be accompanied by an experienced leader.
17. With experience leaders can move on to lead more challenging walks.
18. Leaders should:
 - Try to create a balance of: excitement, pleasure, interest, encouragement, spontaneity, freedom, versus excessive discipline, regimentation, monotony.
 - Act not to inflate one's ego.
 - Provide an enjoyable but safe walk.
 - Be aware of dangers and safety.